## **MERIDIAN PUBLIC SCHOOLS**

2023



**K-8** 

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Season	nal Fresh Fruit Cup, Fresh Fruit B	owl, Assorted Fruit Juice and Mi	lk Variety offered daily!	
Sausage Pancake on a Stick Assorted Breakfast Bars Assorted Cereal Bowls	French Toast Sticks Yogurt & Muffins Cinnamon Crunch Pastry Assorted Cereal Bowls	Grilled Cheese Sandwich Breakfast Pizza Assorted Vegetable Juice Assorted Cereal Bowls	Chicken Biscuit Pancakes & Bacon Assorted Muffin Loaves Assorted Cereal Bowls	Sausage Biscuit Cinnamon Crunch Pastry Assorted Breakfast Bars Assorted Cereal Bowls
Lunch Chille	d Fruit Cups, Fresh Fruit Bowl, As	sorted Fruit Juice and Milk Varie	ety offered daily!	
				Sept 1
				Chicken Pieces in Orange Sauce w/Stir Fried Rice Cheeseburger Grilled Fajita Salad Herbed Broccoli Whole Kernel Corn
Sept 4	Sept 5	Sept 6	Sep 7	Sept 8
LABOR DAY	Beef Ravioli Hot Dog w/Chips Chef Salad Green Beans Italian Sliced Carrots Saltine Crackers Whole Wheat Garlic Toast Snack Cookies	Chicken Nuggets BBQ Pork Sandwich Chef Salad Mashed Potatoes Herbed Broccoli Yeast Roll Saltine Crackers	Cheeseburger Pie Chicken Patty Sandwich Chef Salad Green Peas Assorted Vegetable Juice Saltine Crackers	Buffalo Chicken Wings Cheeseburger Chef Salad Spicy Fries Pinto Beans Whole Wheat Roll Saltine Crackers
Sept 11	Sept 12	Sept 13	Sept 14	Sept 15
Sausage Pizza Pepperoni Pizza Glazed BBQ Meatballs on Hoagie Bun Chef Salad Baked Beans Garden Salad w/Dressing Saltine Crackers	Fish Sticks American Sub w/Chips Chef Salad Seasoned Cabbage Mixed Vegetables Cornbread Saltine Crackers	Ranch Baked Chicken Ham & Cheese Sub Chef Salad California Veggies Mashed Potatoes Saltine Crackers Cornbread Blueberry Cookie Bites	Hamburger Steak w/Rice and Brown Gravy BBQ Rib Sandwich Chef Salad Sweet Potato Casserole Green Peas Saltine Crackers Whole Wheat Roll	Walking Tacos Sweet Chili Meatballs on Hoagie Bun Chef Salad Whole Kernel Corn Refried Beans Saltine Crackers
Sept 18	Sept 19	Sept 20	Sept 21	Sept 22
Baked Pork Chop w/ Macaroni and Cheese Bacon Cheeseburger Chicken Salad Salad Garden Salad w/Dressing California Veggies Cornbread Saltine Crackers Chilled Peach Slices	Chicken Spaghetti Hot Dog w/Chips Chicken Salad Assorted Vegetable Juice Seasoned Green Bean Assorted Chips Yeast Roll Saltine Crackers Fruit Slushes	Mexican Pizza Stuffed Crust Pizza Glazed BBQ Meatballs on Hoagie Bun Chicken Salad Salad Peas and Carrots Whole Kernel Corn Saltine Crackers Hot Cinnamon Apples	Beefy Nachos Grande American Sub Chicken Salad Steamed Broccoli Spears Refried Beans Saltine Crackers Rice Krispy Bars	Steak Fingers w/ Steamed Rice Turkey & Cheese Sub w Chips Chicken Salad Salad Baby Carrots w/ Dressing Mashed Potatoes Saltine Crackers Yeast Roll
Sept 25	Sept 26	Sept 27	Sept 28	Sept 29

2023



**K-8** 

Cheesy Chicken Over/Rice Cheeseburger Chef Salad

Garden Salad w/Dressing Whole Kernel Corn Whole Wheat Roll Saltine Crackers Hamburger Steak w/Gravy Southern Chicken Sandwich Chef Salad

Green Beans Mashed Potatoes Saltine Crackers Yeast Roll Pepperoni Pizza Wedge Mexican Pizza BBQ Rib Sandwich Chef Salad

Baked Beans Mixed Vegetables Saltine Crackers Baked Fish Nuggets Hot Dog w/Chips Chef Salad

Southern Mustard Greens Summer Squash Saltine Crackers Combread Snack Cookies Buffalo Chicken Wings American Sub Sandwich Chef Salad

Criss Cut Sweet Potatoes Green Peas Yeast Roll Saltine Crackers

(Menu choices are subject to change without notice due to availability of items listed)